



**LET'S KEEP
IT UP !**

COLUMBIA CITY STILL IN MOTION !

**PLEDGE TO REDUCE YOUR CAR TRAVEL
& RECEIVE METRO FREE RIDE TICKETS !**

**PICK UP YOUR
COLUMBIA CITY**

BUS, BIKE & WALK MAP

www.metrokc.gov/inmotion

Last fall hundreds of us made the healthy choice to reduce our car travel.

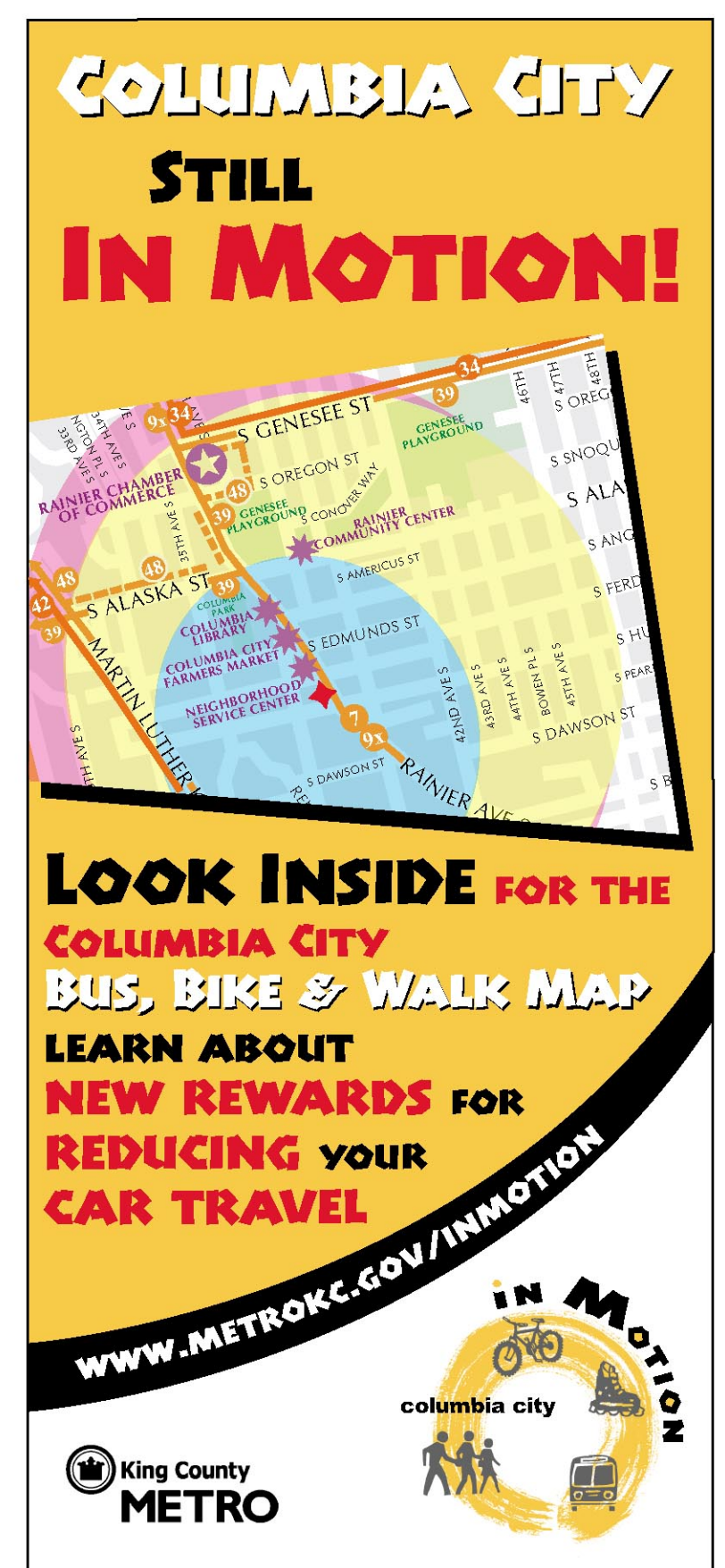
Metro Transit is teaming up with the Rainier Chamber of Commerce and other local organizations to help you & your neighbors keep up these new healthy travel habits and get even more people to drive less

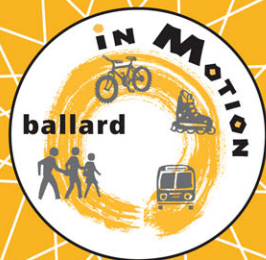


Rainier Chamber of Commerce
Rainier Chamber Foundation
Serving Southeast Seattle Since 1923



**STAY
IN MOTION !**





BE PART OF BALLARD IN MOTION THIS SUMMER!

Learn how you can
leave your car behind
and receive **METRO FREE RIDE TICKETS**
and other rewards!



Look how far you can go without your car!

It's easy to sign up online!
Visit
www.metrokc.gov/inmotion



Please take a
BALLARD BUS, BIKE & WALK MAP
Includes Metro route information too!

Whether you live or work in Ballard . . .

HELP GET BALLARD IN MOTION THIS SUMMER LEAVE YOUR CAR BEHIND

- Metro Free Ride Tickets
- Pledge to Drive Less
- Incentives to reward your new travel habits
- How to get information on healthy travel choices

King County Metro
and local Ballard businesses will
reward you for traveling smarter
and healthier.

It's the healthy choice -
For you and your family
For our planet
For your wallet - beat high gas prices

King County
METRO

Our travel choices affect everyone's quality of life. Communities like Ballard thrive - and our health improves - when people bus, walk, bicycle and share rides instead of driving alone. Many of us already do this some of the time. If each of us does just little more, it can add up to a healthier neighborhood and planet.

